



Accessing Your Courses

3D is a framework for coaching, built on a foundation of purpose. It empowers coaches to fulfill their purpose by enacting practical strategies to help athletes develop in all aspects of their being.

Our courses and resources will help guide you on your journey.

1

Visit

<https://www.3dinstitute.com/enroll>

2

Enroll / Login

New users: Fill out the "Enroll a New User in a Group" form
Returning users: Log in on the right side bar

3

Apply Group Code

VBBB-0009